



## Tamarack Nursery Daily Rhythm

8:00 – 8:30 am	Arrival in the play yard
8:00 – 9:30 am	Outdoor play / Morning walk / Transition inside
9:30 – 9:45 am	Circle time or story
9:45 – 10:20 am	Bathroom / Snack
10:15 – 11:30 am	Indoor play time + creative activity / Clean up / Bathroom
11:30 am – 12:00 pm	Lunch
12:00 – 12:15 pm	Bathroom
12:15 – 2:30 pm	Nap / Rest
2:30 – 3:00 pm	Wake up / Bathroom / Snack
3:00 pm	Goodbyes for children who leave at 3:00
3:00 – 5:30 pm	Outdoor play / Indoor play / Goodbyes for full day children

## Laurel Toddler Daily Rhythm

8:00 – 8:30 am	Arrival / Outdoor play
8:30 – 9:30 am	Inside play / Clean up / Circle time
9:30 – 10:15 am	Snack / Bathroom / Transition outside
10:15 – 11:30 am	Outdoor play / Craft + creative activity / Transition inside
11:30 am – 12:00 pm	Lunch
12:00 – 12:30 pm	Nap / Rest
2:30 pm	Wake up / Transition outside
3:00 pm	Goodbyes for children who leave at 3:00
3:00 – 5:30 pm	Outdoor play / Indoor play / Goodbyes for full day children