



## Preschool Daily Rhythm

8:20 - 8:40 am	Arrival in the play yard
8:45 - 9:30 am	Outdoor play
9:30 - 9:45 am	Circle time
9:45 - 10:00 am	Bathroom
10:00 - 10:30 am	Snack
10:30 - 11:45 am	Outdoor play / Craft + creative activity
11:45 am - 12:10 pm	Story time / Bathroom
12:15 pm	Goodbyes for children who leave midday
12:15 - 12:50 pm	Lunch
12:50 - 1:00 pm	Transition indoors
1:00 - 1:15 pm	Bathroom / Cozy time
1:15 - 1:45 pm	Nap / Rest
1:45 - 2:40 pm	Wake up / Bathroom / Tidy up
2:40 - 3:00 pm	Outdoor play / Snack / Goodbyes for full day children